## **Hamilton Park United Methodist Church**



February 9, 2024

# News at the Park





### Sunday Worship Celebration @ 10:00

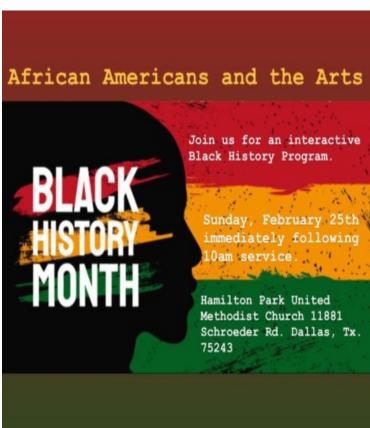
Dr. Sheron C. Patterson - Sr. Pastor

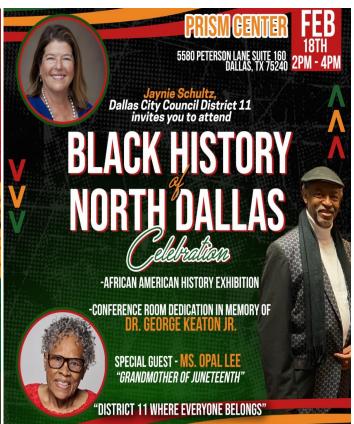


THE UNITED METHODIST CHURCH

**GBHEM Scholarships** 

**Money awarded:** Forty-seven students from the NTC will receive \$127,148 in scholarship money. The money, out of a pool of \$3.9 million, comes in part thanks to your support of United Methodist Student Day. Students who are members of The United Methodist Church can apply for a Fall 2024 GBHEM scholarship. The deadline is March 13, 2024 https://www.gbhem.org/scholarships/









CASH APP

Cashapp (\$TheParkUMC)
Text-to-Give @ 972-362-6962

#### Www.theparkumc.org

- 1. Locate the "Serve" Tab
- 2. Choose "Serve Through Giving"
- 3. Choose "Donate Today"
- 4. Enter your donation amount



VANCO MOBILE APP



VANCO GIVING APP

Maternal Health Disparities Event Saturday, February 24th Sanctuary Foyer, CLC and Sanctuary





## The Right to VOTE!!!

January 1 is the first time that voters can submit the applications for ballot by mail – a task that needs to be done every year. I have attached an application for your benefit. You will notice that a lot of information is required and there are lots of options which we are ready to clarify. LWV Texas also has a great webpage on voting by mail <a href="https://">https://</a>

<u>Iwvtx.clubexpress.com/votebymail</u> which has some very helpful videos for how to fill out an application and also how to complete a ballot by mail.

Calling all women of HPUMC to come and join the Sisters In Christ Women's Choir and be a part of the choir for Women's Day. Rehearsals will be Wednesday, January 31st, February 7th, and 14<sup>th</sup> at 6:30pm in the Chapel. Please join us as we celebrate Women's Day in song.



Women's Day Service Sunday, February 18th @ 10 am

February is
American Heart Month

# Heart Attack, Stroke and Cardiac Arrest Symptoms

#### If these warning signs are present CALL 911

**Heart Attack Symptoms** 

#### CHEST DISCOMFORT

Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

#### **DISCOMFORT IN OTHER AREAS OF THE UPPER BODY**

Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.

#### SHORTNESS OF BREATH

with or without chest discomfort.

#### **OTHER SIGNS**

may include breaking out in a cold sweat, nausea or lightheadedness.

#### **Stroke Symptoms**

Spot a stroke **F.A.S.T.** 

We will be having the North Dallas African American History Exhibition and Dr. George Keaton Jr. Conference Room Dedication on Feb. 18 from 2-4pm at the Prism Center. It is located at 5580 Peterson Lane Suite 160 Dallas, Tx 75240.

It is to showcase the vibrant African American history of North Dallas. Visitors will be guided through a captivating exhibition that highlights the significant events and individuals that have influenced the development of North Dallas, particularly District 11. The exhibition will be displayed throughout the months of February and March. The conference room will be dedicated to the late Dr. George E. Keaton, founder of Remembering Black Dallas and historian. There will be a ribbon cutting for the conference room.

#### **FACE DROOPING**

Does one side of the face droop or is it numb? Ask the person to smile.

#### **ARM WEAKNESS**

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

#### SPEECH DIFFICULTY

Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?

#### TIME TO CALL 911

If the person shows any of these symptoms, even if the symptoms go away, call 911 and get them to the hospital immediately.

#### **Cardiac Arrest Symptoms**

#### SUDDEN LOSS OF RESPONSIVENESS

No response to tapping on shoulders.

#### **NO NORMAL BREATHING**

The victim does not take a normal breath when you tilt the head up and check for at least five seconds

THE PARK UMC PAGE 3

Calling all high school and college seniors and their parents! College and high school seniors or their parents, please register with the Higher Ed Committee.

Please see Denise Jackson, Dianne Pratt or any Higher Ed Committee Ministry member. Also, if you are a parent of any current college student, please make sure we have their current school address. Again, you can see Denise Jackson, Dianne

Pratt or any Higher Ed Committee Ministry member.

#### **STAY CONNECTED:**

- Senior Bible Study Wednesday @ 10:00 am in the church library.
- Wednesday Night Faith & Family
- Thursday Prayer -7:00pm Beverly Galimore (605-475-3200 / Code: 168 199)
- Worship Service 10:00 am (in person, Facebook or Website)
- Sunday School 9:00 am 9:45 am In Person

Thank you for participating in **Kroger Community Rewards**. As a result of our participation in this program, Kroger has donated approximately \$500 to *Hamilton Park United Methodist Church*. If you shop at Kroger and have not linked your *Kroger Plus Card* to HPUMC, please follow the steps below.

Go to: www.kroger.com/communityrewards

- 1. Sign in or create your digital account.
- 2. Search for your organization.
- 3. Enter the name or NPO number of the organization you wish to support.

NPO# QU468 - Hamilton Park United Methodist Church

Select the appropriate organization from the list and click "Save".

Your selected organization will also display in the Kroger Community Rewards section of your account. If you need to review or revisit your organization, you can always do so under your Account details.

Any transactions moving forward using the Shopper's Card number associated with your digital account will be applied to the program, at no added cost to you. Kroger donates annually to participating organizations based on your percentage of spending as it relates to the total spending associated with all participating Kroger Community Rewards organizations.



Represent your College / University on Sunday, February 11th

Wear Your Gear!!!!

# College & Career Devotion



Praise and Prayers to the events on Wednesday evenings? These are mostly those who are age 25 and younger who have graduated from our Ignite Youth Ministry. We meet each Wednesday evening from

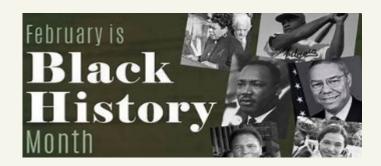
8:30-9:00pm via zoom. Please contact Kathy via email or text for zoom address.



Andrekia Chandler
Jody Livingston
Pam Williams
Roger & Shirley Bouyer
Shirley Pleasant
Herman & Linda Manning
The Stanley family

The Slatter family
Mable Hilburn
Cathy Parker
James White
Joan Humphreys
Kathy Turner
Caroline Ramos (child)
The Robertson family
Geraldine Vine
Ellen Long
Shirley Dillard

Shaun Martin (H)
The Wright-Sanders family
Celia Reece (Family Death)
The Robinson family
The Nash family
The Booker family
Fred Marsh





Sunday, February 11th - HBCU & Greek focus wear your favorite University, College, School or team shirt!



happy Sunday, February 18th - Women's Day Celebration with guest Speaker Katie Pryor



Sunday, February 25th - "We Are Black History" We will salute those who have made history within our church Hamilton Park Church family. Send your submission to amosley@theparkumc.org by February 18th.

\*No moving or talking during "Lift Every Voice"

Join Us Saturday, February 24 9:00 am-Noon Disparities in Maternal Health



Come learn about maternal deaths and severe health outcomes during and after pregnancy for Texas women, especially women of color and at-risk women. Register at https://uwfnorthtexas.org/maternal health

#### Katie Pryor Speaker for Maternal Health Workshop



Katie Pryor is the UWF Executive for Membership Nurture & Development. She is a graduate of Southern Methodist University—Perkins School of Theology with a Master of Divinity-Urban Ministry focus. She has served in leadership in

North Texas United Methodist Women as well as on staff with the North Texas Conference of the UMC.

Dr. Sheron C. Patterson is RETIRING
March 31st after serving 35 years in Ordained
Ministry & after serving Hamilton Park UMC
for 7 years! Scan the QR code below to give a
LOVE OFFERING / RETIRMENT Gift.

### **Men of The Park!**

Join us each Sunday Morning at 9 am for Sunday School in Rm 111. We study the Word of God each week from our Echoes Sunday School Book.

All are welcome!

