

# Hamilton Park United Methodist Church



January 12, 2024

## News at the Park



Sunday Worship Celebration @ 10:00

Dr. Sheron C. Patterson - Sr. Pastor

Let's have a conversation about...

### MENTAL HEALTH & CRIMINAL JUSTICE

Sunday, January 28, 2024 / 10:00 am  
Special Guest—Lynn Richardson



Church Family, the sermon I preached on last Sunday touched many of you. I received numerous positive comments on it. I take no credit for it. God led me to the scripture and poured out the message. The sermon was about change. Change is on the minds of many right now due to my upcoming retirement, and as we wait on the announcement of the interim and new pastor of our church.

Change can be an energizing force for power and progress, or, if not handled well can also be a force for stagnation and regression.

God has a recipe for change. It needs to be followed exactly. No modifications, please. My sermon was entitled, "God's Recipe for Change." Based on Joshua 1, the sermon examines change in the lives of the Children of Israel.

Please take some time to read and meditate on Joshua 1: 1-11, 16-18. In this Old Testament scripture, Moses died, and God raised up Joshua to lead them. The people accepted Joshua as their leader, worked with him to move forward, and ultimately, they reached the Promise Land.

### 1. The PERSONNEL will change, but not the promises or the power.

Verses 5-6

God told them, "As I was with Moses, so I will be with you; I will never leave you nor forsake you. Be strong and courageous...."

### 2. Let each leader be who they are.

Moses and Joshua were different leaders, with different gifts. God knew what type of leader they needed to move ahead. The people trusted God.

### 3. WALK TOGETHER AND DON'T GET WEARY

Joshua asked the leaders to get busy working on the mission, and they did.

Verses 10-11

10 So Joshua ordered the officers of the people: 11 "Go through the camp and tell the people, 'Get your provisions ready. Three days from now you will cross the Jordan here to go in and take possession of the land the Lord your God is giving you for your own.'"

I am certain that God's recipe will work here at our church. Let's continue to pray and stay together.

Your pastor, Dr. Sheron Patterson

GIVING MADE easy

Cashapp (\$TheParkUMC)  
Text-to-Give @ 972-362-6962

[www.theparkumc.org](http://www.theparkumc.org)

1. Locate the "Serve" Tab
2. Choose "Serve Through Giving"
3. Choose "Donate Today"
4. Enter your donation amount

### An Opportunity to Serve!!!

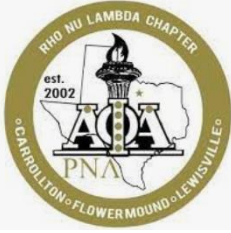
### Path 2 Nourishment

Saturday, January 13th  
@ 10:00 am (CLC)

### Altar Flowers for 1/14/2024

The flowers on the altar today are given in loving memory of her great grandson, **Kavontai Chandler** by Kathy Turner.

## Project Alpha Offers a Conference on Sexual Responsibility for the Youth



Local youth will have the opportunity to talk about issues of sexuality and male responsibility as they take part in a workshop sponsored by Alpha Phi Alpha Fraternity, Inc. The Project Alpha conference will be held on Saturday, January 13, at the Crosby Recreation Center in Carrollton, TX. The conference will run from 1:00PM-3:30 PM. Project Alpha is a national program, designed to help young men make better and more informed choices about their sexual behavior. Since 1980, Alpha Phi Alpha and the March of Dimes have been working together to help young men make the right decisions about the complex issues surrounding sex. This is a unique mentoring program which offers African American men as positive role models for the next generation. Topics to be covered during the conference sessions may include abstinence and the consequences of early sexual activity; peer pressure; HIV/AIDS; teen pregnancy; STIs; relationships; being responsible parents. Project Alpha seeks to create a safe environment where teens can learn about and explore their sexuality and relationship issues. The program's three goals are:

- 1) **Sharing Knowledge:** combating ignorance and fear with information
- 2) **Changing Attitudes:** providing youth with the motivation they need to make positive changes in their sexual behaviors
- 3) **Providing Skills:** creating a sense of empowerment and self-esteem

The workshops are free and open to youth ages of 12 through 18. Pre-registration, however, is required for attendance.

To register, please complete the consent form on the link below by January 6. For more information, call Myron Brown at 513 477-6846. Registration Link- <https://www.jotform.com/build/211233391345044>

## 2024 Summer Internships

Thank you for your interest in our 2024 Internship Programs for students interested in pursuing a career in Healthcare!

- Most of our internships are targeted for current undergraduate college Juniors that will be 'rising Seniors' the Summer of 2024 with an expected graduation date between December 2024 and June 2025.
- HCSC is actively recruiting to fill intern positions for next summer.
- All current open positions are available on our [HCSC.com/Careers website](https://www.hcsc.com/Careers) and applicants should continue to check back to see new positions as they become available.
- If you have questions, please reach out to [Michael.Gaston@bcbstx.com](mailto:Michael.Gaston@bcbstx.com) or [University\\_Relations@bcbsil.com](mailto:University_Relations@bcbsil.com)

HCSC

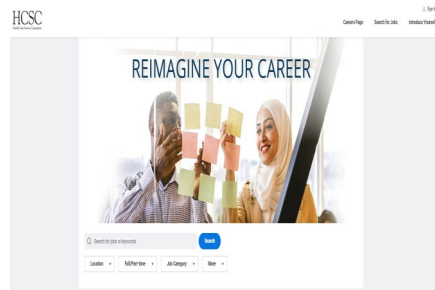
## Applying to HCSC Intern Positions

**Finding Positions:** On our [Careers](#) website you can locate our Intern positions by:

**Searching by Keyword:** 'University'

- **Intern roles** all start with 'University Relations'

Also, we encourage you to join our [Campus Talent Community](#) to get updates on new positions and stay in touch with us.



HCSC

**Saturday, January 20, 2024 @ 10:00 AM - 12:00 PM in the CLC**  
**Hamilton Park Leadership Summit**

**Calling all high school and college seniors and their parents! College and high**

**school seniors or their parents, please register with the Higher Ed Committee.**

**Please see Denise Jackson, Dianne Pratt or any Higher Ed Committee Ministry**

**member. Also, if you are a parent of any current college student, please make sure**

**we have their current school address. Again, you can see Denise Jackson, Dianne**

**Pratt or any Higher Ed Committee Ministry member.**

Thank you for participating in **Kroger Community Rewards**. As a result of our participation in this program, Kroger has donated approximately \$500 to *Hamilton Park United Methodist Church*. If you shop at Kroger and have not linked your *Kroger Plus Card* to HPUMC, please follow the steps below.

Go to: [www.kroger.com/communityrewards](http://www.kroger.com/communityrewards)

1. Sign in or create your digital account.
  2. Search for your organization.
  3. Enter the name or NPO number of the organization you wish to support.  
**NPO# QU468 - Hamilton Park United Methodist Church**
  4. Select the appropriate organization from the list and click "Save".
- Your selected organization will also display in the Kroger Community Rewards section of your account. If you need to review or revisit your organization, you can always do so under your Account details.
- Any transactions moving forward using the Shopper's Card number associated with your digital account will be applied to the program, at no added cost to you. Kroger donates annually to participating organizations based on your percentage of spending as it relates to the total spending associated with all participating Kroger Community Rewards organizations.



Altar Flowers for Sunday, December 24, 2023  
Are given in loving memory of S. W. "Jack",  
Jessie, Jackie & S. W. "Junior", Waiters by  
Denise Waiters-Mitchell, Jessica Mitchell and  
Michael Waiters

## College & Career Devotion



Praise and Prayers to the events on Wednesday evenings? These are mostly those who are age 25 and younger who have graduated from our Ignite Youth Ministry. We meet each Wednesday evening from 8:30-9:00pm via zoom. Please contact Kathy via email or text for zoom address.



Andrekia Chandler  
Jody Livingston  
Pam Williams  
Roger & Shirley Bouyer  
Shirley Pleasant  
Herman & Linda Manning  
The Stanley family

The Slatter family  
Mable Hilburn  
Cathy Parker  
James White  
Joan Humphreys  
Kathy Turner  
Caroline Ramos (child)  
The Robertson family  
Geraldine Vine  
Ellen Long  
Shirley Dillard

Shaun Martin (H)  
The Wright-Sanders family  
Celia Reece (Family Death)  
Louis Robinson  
The Nash family  
The Booker family  
Fred Marsh

**This is a prayer request and sick & shut in list (Hospital)**

# EVENTS

## The Right to VOTE!!!

January 1 is the first time that voters can submit the applications for ballot by mail – a task that needs to be done every year. I have attached an application for your benefit. You will notice that a lot of information is required and there are lots of options which we are ready to clarify. LWV Texas also has a great webpage on voting by mail <https://lwvtx.clubexpress.com/votebymail> which has some very helpful videos for how to fill out an application and also how to complete a ballot by mail.

Parents of high school Juniors/Seniors, regarding Federal Student Aide: The 2024–25 FAFSA® form will be available in December 2023, not Oct. 1. There are major changes and improvements coming to the 2024–25 *Free Application for Federal Student Aid* (FAFSA®) form. This redesigned and streamlined FAFSA form will be available by Dec. 31, 2023. For more information go to <https://studentaid.gov/h/apply-for-aid/fafsa>

**Mental Illness and the CRIMINAL JUSTICE SYSTEM**

People with mental illness deserve help, not handcuffs. Yet people with mental illness are overrepresented in our nation's jails and prisons. We need to reduce criminal justice system involvement and increase investments in mental health care.

- About **2 million** times each year, people with serious mental illness are booked into jails.
- About **2 in 5** people who are incarcerated have a history of mental illness (37% in state and federal prisons and 44% held in local jails).
- 66%** of women in prison reported having a history of mental illness, almost twice the percentage of men in prison.
- Nearly **1 in 4** people shot and killed by police officers between 2015–2020 had a mental health condition.
- Suicide is the leading cause of death for people held in local jails.
- An estimated **4,000** people with serious mental illness are held in solitary confinement inside U.S. prisons.

**COMMUNITIES**

- 70%** of youth in the juvenile justice system have a diagnosable mental health condition. Youth in detention are **10x more likely** to suffer from psychosis than youth in the community.
- About **50,000** veterans are held in local jails — 55% report experiencing mental illness.
- Among incarcerated people with a mental health condition, **non-white individuals** are more likely to be held in solitary confinement, be injured and **stay longer in jail**.

**ACCESS TO CARE**

- About **3 in 5** people (63%) with a history of mental illness do not receive mental health treatment while incarcerated in state and federal prisons.
- 45%** Less than half of people with a history of mental illness receive mental health treatment while held in local jails.
- People who have health care coverage upon release from incarceration are more likely to engage in services that reduce recidivism.

Data from the U.S. Department of Justice and other select sources. Find citations for this resource at [nami.org/theLab](http://nami.org/theLab)

NAMI Helpline 800-950-NAMI (6262) | NAMI | @NAMIAdvocacy | @NAMICommunicate | www.nami.org

**the park**

January 23rd

## In-Person

Join Zoom Meeting  
[https://us02web.zoom.us/j/89703618452?](https://us02web.zoom.us/j/89703618452?pwd=bUpoS2E5UIQzZEloMXpuMVRQTHpxQT09)  
 pwd=bUpoS2E5UIQzZEloMXpuMVRQTHpxQT09

Meeting ID: 897 0361 8452  
 Passcode: 874995

**Swing Dance**

**Hamilton Park UMC CLC**  
 11881 Schroeder Rd - Dallas, TX 75243  
 Friday's @ 6:00pm - 8:00pm

Contact Kathy  
 for additional info  
 972-768-0116

**FREE Lessons**

## STAY CONNECTED:

- Senior Bible Study - Wednesday @ 10:00 am in the church library.
- Wednesday Night - Faith & Family
- Thursday Prayer 4:00pm-5:00pm - Beverly Galimore (605-475-3200 / Code: 168 199)
- Worship Service - 10:00 am ( in person, Facebook or Website)

## Men of The Park!

Join us each Sunday Morning at 9 am for Sunday School in Rm 111. We study the Word of God each week from our Echoes Sunday School Book. All are welcome!