

# Hamilton Park United Methodist Church

August 25, 2023



## News at the Park

**Sunday Worship Celebration @ 10:00 am**

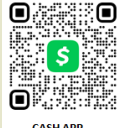
Dr. Sheron C. Patterson - Sr. Pastor



Cashapp (\$TheParkUMC)  
Text-to-Give @ 972-362-6962

[www.theparkumc.org](http://www.theparkumc.org)

1. Locate the "Serve" Tab
2. Choose "Serve Through Giving"
3. Choose "Donate Today"
4. Enter your donation amount



### SAVE THE DATE



**SEPTEMBER 1, 2023**

Firewheel Golf Park, Old Course  
600 W. Campbell Road Garland, Texas 75044

Registration & Check-in: 7:00 A.M. Tee-Off 8:00 A.M.

Cost per player \$125/Individual  
This includes 18-holes of golf, riding cart, lunch

**CONTESTS:** PUTTING / LONGEST DRIVE/CLOSEST TO THE PIN

If you have any questions please call  
Herman Manning, Chair 972-741-1866 or Bill Johnson, Co-Chair 214-293-5661



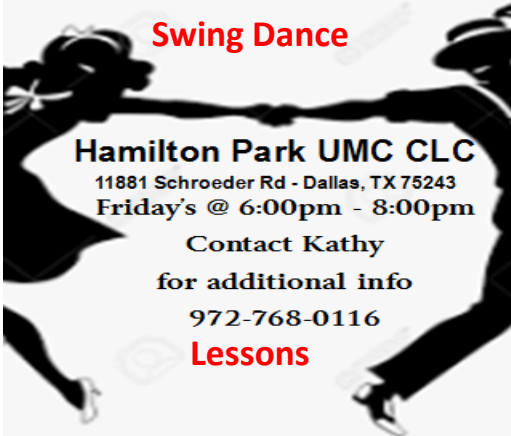
**REGISTRATION DEADLINE IS AUGUST 25**



GOLF TOURNAMENT

On line Registration Available July 1st

### Swing Dance



#### Hamilton Park UMC CLC

11881 Schroeder Rd - Dallas, TX 75243  
Friday's @ 6:00pm - 8:00pm

Contact Kathy  
for additional info  
972-768-0116

**Lessons**

### An Opportunity to Serve!!!

#### Path 2 Nourishment

**Saturday, September 1st**  
**@ 10:00 am (CLC)**



Join Zoom Meeting  
<https://us02web.zoom.us/j/81354305759>  
pwd=YWpKRHJIZk0rL1pxd0Q5U04vTFI5QT09

### Church Council

Meeting ID: 813 5430 5759  
Passcode: 256713

### WOMEN'S WALK

### Women's Walk #285

Sept 28th - Oct 1st  
**REGISTER NOW!!**

To attend or receive more information contact:

Dee-Dee Spivey  
(214)450-1136

## The Society, Incorporated,



is a non-profit national organization of women dedicated to enhancing, exposing, and

promoting youth in the arts for the betterment of our communities. We are bonded in friendship and service to encourage and support youth who are talented in the arts. With a focus on underserved children, we provide support for young literary, visual, and performing artists.

Our organization was founded in May 1983 by four women who conceived the idea of organizing a group of professional women of color who shared the goals of friendship and service. The outcome of their efforts was the establishment of The Society as an organization to promote friendship among members and serve as a resource in the arts for young people.

Today we have chapters in 41 cities across the U.S. providing scholarships, grants, stipends, and other opportunities to help young people experience the exciting dimensions of artistic expression.

## The Valder Beebe Show



The Valder Beebe Show broadcasting; Radio: (The Bridge) KKVI FM 98.3 DFW, Greenville, Quinlan, Lone Oak, Caddo Mills, Celest, Wolf City, Farmersville Texas

Streaming: [kkvifmdfw.com](http://kkvifmdfw.com) – [friendleeradio.com](http://friendleeradio.com)

On-Demand: [www.411radionetwork.com](http://www.411radionetwork.com)

VIDEO PODCAST:

[www.valderbeebeshow.com](http://www.valderbeebeshow.com)

[www.soundcloud.com/valderbeebeshow](http://www.soundcloud.com/valderbeebeshow)

[www.soundcloud.com/kkvidfw](http://www.soundcloud.com/kkvidfw) [www.youtube.com/valderbeebeshow](http://www.youtube.com/valderbeebeshow)

Print Publication: [www.fwblacknews.com](http://www.fwblacknews.com) National Broadcast

## Peace Prayer

“Lord, make me an instrument of your peace,  
Where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy;

O Divine Master, grant that I may not so much seek to be  
consoled as to console;  
to be understood as to understand;  
to be loved as to love.

For it is in giving that we receive; it is in pardoning that we are  
pardoned; and it is in dying that we are born to eternal life.

Amen.”

—Francis of Assisi



Andrekia Chandler  
Jody Livingston  
Pam Williams  
Roger & Shirley Bouyer  
Shirley Pleasant  
Don & Diane Anderson  
Herman & Linda Manning  
Robert & Eric Phifer

The Stanley family  
The Slatter family  
The Polk family  
James Bebe  
Cathy Parker  
James White  
Joan Humphreys  
Kathy Turner

Caroline Ramos (child)  
The Robertson family  
Geraldine Vine  
Ellen Long  
Shirley Dillard  
Shaun Martin (H)  
Breseha Jones & family

This is a prayer request and sick & shut in list (Hospital)

## Faith Community Nursing Brings Mental Health Resources to NTC

### Partnership between NTC Center for Missional Outreach, the Golden Cross Foundation and Methodist Health System launches in three Dallas churches



July 17 marked a new day for Faith Community Nursing in North Texas. Registered Nurse Catinna Mallett began her full-time role at three churches in the southern sector of Dallas with a special emphasis on mental wellness.

Through a generous grant from the Golden Cross Foundation and a partnership with Methodist Health System, Mallett will serve at St. Luke "Community" United Methodist Church and the Zan W. Holmes Community Outreach Center, Wheatland United Methodist Church and Salem Institutional Baptist Church. The grant covers her salary and program expenses for three years.

Debbie Seider established the Faith Community Nursing program at Methodist Health more than 20 years ago and is excited to help expand its work with the hiring of the first nurse to focus on mental wellness, as well as the overall health of the congregations.

"Faith Community Nursing is part of the Pastoral Services Department at Methodist Health System and was created in 1999 to intentionally address whole-person health in the health system's service area while minimizing barriers of access to healthcare," Seider explained. "By developing partnerships and covenant relationships with local faith communities, Faith Community Nursing offers education, mentoring, assessments, resources and other services to members of those faith communities, as well as to their larger parishes."

Said Mallett: "At the core of nursing is service, to provide competent and compassionate care, to respect and support those who have been assigned to my care. This initiative, provided by the grant from Golden

Cross, is allowing me to be of service on a larger scale. The biggest and main difference in this setting is 'faith in God' is the center."

Mallett is particularly passionate about bringing a mental health component to her work.

"The well-being and overall health of the congregation and community they serve is important, especially mental health. Without our mind, who are we? It is the renewing of our minds that transforms us," she said. "A grand impact can be made if mental health can be addressed, resources can be available and accessible to those who need it. The church is a hospital, it is for those who are sick. Because we are followers of Christ, we are reaching out to help those in need - physical, mental and spiritual, we must address them all."

In 2021 in response to the growing needs around mental wellness, the NTC Center for Missional Outreach gathered a working group of clergy and laity, including mental health professionals, to examine how churches can support the mental health and overall well-being of their communities. A key recommendation was to prioritize funding for mental health professionals to be based in churches. Golden Cross Foundation and Methodist Health System were natural partners in this effort.

"Working together in this way helps the churches to move into being healthy, and it helps the pastors to bring the best in science into the spiritual community," said Rev. Caesar Rentie, vice president of pastoral services for Methodist Health System. "One of the things I love about Methodist Hospital is it has a rich history of almost 100 years in North Texas and a close connection to the UMC. This is a way to bring that collaboration between healthcare and the United Methodist churches together so that the church becomes a model of wellness and health and presents that to the community. If the church is healthy, then the community will be healthy."

While churches cannot do the work of mental health professionals, they can help re-

duce the stigma surrounding emotional and psychological wellbeing. Rentie recognizes the possibilities when churches empower congregation members to embrace their humanity and ask for help when they need it.

"This is a wellness model, not sickness," Rentie said. "It's not about when the house is burning, but what do we need to do to keep the house in order."

A priority for Mallett will be offering mental health first aid training for the congregations she serves, equipping church members to support others in times of need, especially when mental health concerns have been on the rise.

"Due to the challenges of the last three years, individual, family and community mental wellness has been adversely affected," Seider noted. "Within the framework of the Model for Healthy Living, the Faith Community Nurse can assess, address and refer as necessary to help individuals and families regain equilibrium, develop healthy coping skills and move toward growth and flourishing. Knowing that mental health challenges do not exist separately from other areas of life, the focus of the nurse will include a whole person approach toward health and wellness — body, mind and spirit."

As she looks ahead to the next three years of service in churches in South Dallas, Mallett describes her hope for the program: "My hope is that each church will know and understand the difference they can make in the lives of the people they serve. Lifelong connections and collaborations made that will create resources, solutions and safe spaces. Relationships will be built or strengthened so conversations can happen with people they trust. The congregation and community will be active participants, that they will recognize the benefit of taking part, that it will have a positive impact in their life and lifestyle. Lives will be changed and, they will be saved."

# EVENTS



As a part of the Black Church initiative, we are being asked by District Superintendent Edlen Cowley, to coordinate the writing of the Black Church History in the North Texas Conference. We are documenting our history to have an accurate account of our presence in Methodism and particularly the North Texas Conference. The scope of this project will include local churches' histories, pastors who have served in the conference and our impact on transforming our communities and our conference. We hope to have the project completed by February of 2024, with deliveries to you during the Spring of 2024.

Even though there is a committee coordinating this work, your input, knowledge of our history and expertise are welcome. Please share this upcoming announcement with your fellow congregants, leaders, and United Methodist friends, as their expertise will be called upon. We will need you and your laity to identify or bring to our attention key people with whom we may later speak and correspond.

Please know that I am very excited about this project. We will tell our glorious story from our perspective. This written history will be a bridge to the past and future. With God's help and intervention, it will be special (maybe sacred) as all histories are special.

If you have any questions about this project or would like to be more involved, please contact Greta McKelvy (214)-662-4087; [gretamckelvey@ghausen.com](mailto:gretamckelvey@ghausen.com) or Sharon Spratt (972)-768-4777; [sharonspratt297@gmail.com](mailto:sharonspratt297@gmail.com). I thank you I advance for your support and prayers. Sincerely, Ron Henderson

"During Backpack Blessings, 275 children were blessed with new backpacks and school supplies. We partnered with the Health Fair and even offered haircuts to everyone! Tons of thanks to all who participated."



## STAY CONNECTED:

- Senior Bible Study - Wednesday @ 10:00 am in the church library.
- Wednesday Night - Faith & Family
- Thursday Prayer 4:00pm-5:00pm - Beverly Galimore (605-475-3200 / Code: 168 199)
- Worship Service - 10:00 am ( in person, Facebook or Website)

## [Men of The Park!](#)

Join us each Sunday Morning at 9 am for Sunday School in Rm 111. We study the Word of God each week from our Echoes Sunday School Book. All are welcome!