Hamilton Park United Methodist Church

March 17, 2023



News at the Park

Sunday Worship Celebration @ 10:00 am

BMCR - Black Church Academy

CONFERENCE OF THE UNITED METHODIST CHURCH

GRABANDGO

Sunday & Wednesday 11:00am until all meals are served



Cashapp (\$TheParkUMC)

Www.theparkumc.org

- Locate the "Serve" Tab
- 2. Choose "Serve Through Giving"
- Choose "Donate Today" 3.
- Enter your donation amount

MARCH EVENTS

Simon of Cyrene The Musical (CLC) 24th

The Conversation® 10

26th

BLACK METHODISTS FOR CHURCH RENEWAL

upcoming Academy, I am excited to share that our special quest will be Bishop Ruben Saenz, our new Episcopal Leader for the

North Texas Conference (Bishop Saenz also leads the Central Texas Conference). Our conferences are on the path to reunification.

The Black Church Academy is a part of the overall BCI strategy geared toward resourcing black laity, leaders, and churches for vital and effective ministry. This year's academy will focus on resourcing church leaders in several areas: Discipleship, Young Adult Ministry, and Shifting to meet the needs of our ever-changing mission field. This year's presenters are Rev. Edlen Cowley, Metro DS (Discipleship), Melissa Clay (Lay member of The Village UMC and one of our Young Adult leaders on the BCI Team), and Rev. Dr. Michael Bowie (Executive Director of Strengthening the Black Church for the 121st Century).

As we prepare for our Our concluding panel discussion will include BMCR Leadership for North Texas, Phiebie Hutchins (NTC BMCR Chair) and Rev. Bryant Phelps (NTC BMCR Vice-Chair). We will also be joined by clergy and lay representatives from Central Texas. We look forward to expanding the connection to our brothers and sisters in Central Texas conference churches.

> This will be a very impactful morning. We look forward to our time together and are excited about what we will experience and learn together.

> There will also be details shared about our next gathering, a BMCR worship experience on April 30th, which will be held at Warren UMC and will be led by North Texas and Central Texas representatives.

> Please register using the link below. https://www.eventbrite.com/e/thenorth-texas-conference-black-churchacademy-tickets-548206198497



FRIDAY, MARCH 24TH @ 7:00PM TICKETS FOR THIS EVENT WILL AVALIABLE FOR PURCHASE AT THE DOOR FOR \$10.00 (Arapaho UMC will be our special guest)



March 28th 10:am

"It's time for our annual Easter Egg Hunt and we are in need of donations Please drop off plastic eggs and candy at the Children's Welcome Desk near the Trustee Bench and plan to join us

for this super fun event on Saturday, April 1st from 11am-1pm. There will be food and fun for everyone! (no chocolate or peanuts please)

Disaffiliation Information Update Immediately Following Our 10:00 am **Worship Service This Sunday** Room 109



A volunteer opportunity is available to members interested in being a member of the response team at Hamilton Park UMC during worship services. We are in the process of re-establishing Medical Response Team. CPR, AED and First-aid training will be provided. Thank you to the members

who have volunteered to continue or to share their services and skills. Interested members please contact Dianne Pratt for additional information regarding this volunteer opportunity at 214-280-6391

NURSES NEEDED

Let's Talk with Bishop Saenz!!



The Metro District will hold a Bishop's Huddle on Saturday, April 1 - 10:00am at First Duncanville UMC, 403 S. Main Street, Duncanville, TX 75116.

Please use the link below to post a question for the Bishop. He will address these questions at the Hud-

dle. https://ntcumc.org/district-huddles

An offering will be taken for the NTC Close to Home Campaign and those impacted by the March 2022 tornado in Jacksboro

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Women of The Park!

Join us each Sunday Morning in the Library at 9 am for Sunday School. We are currently studying 'Nameless Women of the Bible'. All are welcome!

Men of The Park!

Join us each Sunday Morning at 9 am for Sunday School in Rm 111. We study the Word of God each week from our Echoes Sunday School Book. All are welcome!

STAY CONNECTED:

- Senior Bible Study Wednesday @ 10:00 am in the church library.
- Wednesday Night Faith & Family

Instant Pot® Vegan Chili

 Thursday Prayer 4:00pm-5:00pm - Beverly Galimore (605-475-3200 / Code: 168 199)

- 1 red bell pepper, diced
- 1 ½ cups water
- 4 tablespoons miso powder
- 4 tablespoons chili powder
- 2 tablespoons coconut milk powder
- 2 teaspoons ground cumin
- 1 teaspoon paprika
- ½ teaspoon oregano
- 4 tablespoons vegetable broth powder (such as Seitenbacher® Vegetarian Vegetable Broth and Seasoning)
- 2 (16 ounce) cans 3-bean mix, drained and rinsed
- 1 (15 ounce) can black beans, drained and rinsed
- 1 (15 ounce) can pinto beans, drained and rinsed
- 1 (15 ounce) can whole kernel corn, drained
- 1 (10 ounce) can diced tomatoes
- 1 large onion, diced
- 1 (8 ounce) can tomato sauce
- 1 (6 ounce) can chopped green chilies
- 4 cloves garlic, minced

Directions

Turn on a multi-functional pressure cooker (such as Instant Pot®) and select Saute function. Add onion and bell pepper and saute for 5 minutes.

Combine water, miso powder, chili powder, coconut milk powder, cumin, paprika, and oregano in a bowl and whisk until blended. Pour into the pot with the onion and add vegetable broth powder. Add 3-bean mix, black beans, pinto beans, corn, diced tomatoes, tomato sauce, green chiles, and garlic to the pot and simmer 5 minutes.

Close and lock the lid. Select high pressure according to manufacturer's instructions; set timer for 15 minutes. Allow 10 to 15 minutes for pressure to build.

Release pressure carefully using the quick-release method according to manufacturer's instructions, about 5 minutes. Unlock and remove the lid.

Cook's Notes: Use any color bell pepper you prefer. Feel free to wait for a natural release for the pressure cooker if you have the time.

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CHURCH WIDE FAST BEGINING HOLY WEEK April 3rd thru April 9th



Kathy Turner
Reed family
David & Linda Tyson
Lavan Alexander
Roger & Shirley Bouyer
Shirley Pleasant
Harry McCalla

Sheila & Percy Dyson Wilbur & Minnie Wright The Williams family Chelsea Govan Mallory Polk Barbra Knight Saundre & Ron Henderson The Slatter family Traci Williams Kim King James Bebe Cathy Parker Cameron Hutchins

EVENTS

+13462487799,,88398204070#,,,,*088956# US (Houston) +12532050468,,88398204070#,,,,*088956# US



Friday Morning Lenten Prayer Call beginning Feb 24th @ 7AM



PLEASE DONATE



MEET OUR PRAYER & FASTING AMBASSADORS



Sheila Dickerson, Beverly Galimore, Cathy Parker,
Eleanor Browne, Rev. Archie Browne,
Deaconess Dee Dee Spivey

Our Fast will begin on April 2nd - April 8th







