

Hamilton Park United Methodist Church

March 3, 2023



News at the Park

Sunday Worship Celebration @ 10:00 am



GRABANDGO

Sunday & Wednesday
11:00am until all meals are served



Cashapp (\$TheParkUMC)

www.theparkumc.org

1. Locate the "Serve" Tab
2. Choose "Serve Through Giving"
3. Choose "Donate Today"
4. Enter your donation amount

MARCH EVENTS

Morning Prayer 7 Am 3rd

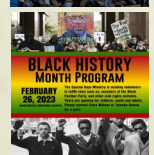
Path 2 Nourishment 4th

"It's time for our annual Easter Egg Hunt and we are in need of donations. Please drop off plastic eggs and candy at the Children's Welcome Desk near the Trustee Bench and plan to join us for this super fun event on Saturday, **April 1st** from 11am-1pm. There will be food and fun for everyone! (no chocolate or peanuts please)



Deborah L. Lloyd

The Special Days Ministry held its Black History Program on Sunday, February 26, 2023 in the Christian Life Center. This year's theme was "Black Resistance" makes "Black Resilience". It included historical moments of "Black Resistance" such as the Greensboro Sit-In and the Montgomery Bus Boycott to "Black Resilience" from the Rodney King riots to the Michael Brown Shooting. A panel discussion was included to answer questions on how these movements, riots and police brutality are affecting us today. Panelist representatives included the N.A.A.C.P., School District, Police Department, Medical Department and the Community.



A volunteer opportunity is available to members interested in being a member of the response team at Hamilton Park UMC during worship services. We are in the process of re-establishing The Medical Response Team. CPR, AED and First-aid training will be provided. Thank you to the members who have volunteered to continue or to share their services and skills. Interested members please contact Dianne Pratt for additional information regarding this volunteer opportunity at 214-280-6391

NURSES NEEDED

REPORT FROM THIS MONTH'S MATURE ADULTS



The mature adults had an awesome meeting this month. They celebrated Black History Month dressing in African attire while Gloria Marsh gave an amazing presentation of Maya Angelou, her life, books, and quotes.

Music and Arts Ministries

ACT's II Drama Ministry



Presents:

"ORDER IN THE COURT!"
(Palm Sunday, April 2, 2023)

Auditioning For The Following Roll(s):

- Narrator
- Jesus
- (12) Disciples - (18yrs. old and up)
- Mother
- Father
- Young boy (6 - 10yrs old)
- Young girl (6 - 10yrs old)
- Judge
- Pilate
- Pilates Wife
- Jewish Leaders
- By Standers

Audition Information

Date: Sunday, March 12, 2023

Time: 11:15am - 1:30pm

Location: Chapel

If you have questions, please contact:
972-822-4535

[Women of The Park!](#)

Join us each Sunday Morning in the Library at 9 am for Sunday School. We are currently studying 'Nameless Women of the Bible'. All are welcome!

[Men of The Park!](#)

Join us each Sunday Morning at 9 am for Sunday School in Rm 111. We study the Word of God each week from our Echoes Sunday School Book. All are welcome!

STAY CONNECTED:

- Senior Bible Study - Wednesday @ 10:00 am in the church library.
- Wednesday Night - Faith & Family
- Thursday Prayer 4:00pm-5:00pm - Beverly Galimore (605-475-3200 / Code: 168 199)
- Worship Service - 10:00 am (in person, Facebook or Website)
- Sunday School - 9:00 am - 9:45 am In Person

DANIEL FAST BAKED OATMEAL



THIS DELICIOUS DANIEL FAST RECIPE CONSISTENTLY RANKS #1 ON RECIPE WEBSITES. MANY PEOPLE LOVE IT SO MUCH THAT THEY HAVE IT ON A REGULAR BASIS, EVEN WHEN THEY'RE NOT ON A FAST. IF YOU PREFER TO START YOUR DAY WITH A HOT BREAKFAST, YOU'LL APPRECIATE THIS BAKED DISH. IT PAIRS WELL WITH A CUP OF COFFEE...UH, I MEAN, HOT LEMON WATER. REMEMBER, NO COFFEE ON THE DANIEL FAST!

1 ½ CUPS OLD-FASHIONED ROLLED OATS

1 ½ CUPS UNSWEETENED ALMOND MILK

½ CUP UNSWEETENED APPLESAUCE

¼ CUP CHOPPED DRIED APRICOTS

¼ CUP CHOPPED DATES OR RAISINS

¼ CUP CHOPPED PECANS OR WALNUTS

½ TEASPOON CINNAMON

¼ TEASPOON SALT

INSTRUCTIONS

PREHEAT OVEN TO 350 DEGREES. PUT ALL INGREDIENTS IN A LARGE BOWL AND STIR WELL. TRANSFER TO AN 8 BY 8-INCH BAKING DISH THAT HAS BEEN LIGHTLY RUBBED WITH OLIVE OIL. POUR OATMEAL MIXTURE INTO DISH AND BAKE 45-50 MINUTES OR UNTIL SLIGHTLY BROWNED AND CRISPY ON TOP

NOTES

SPREAD ALMOND BUTTER OR DATE HONEY ON EACH SERVING.

THIS RECIPE CAN BE DOUBLED AND BAKED IN A 9 BY 13-INCH CASSEROLE DISH.

+13462487799,,88398204070#,,,,*088956# US (Houston)
+12532050468,,88398204070#,,,,*088956# US

Lenten Prayer

Friday Morning Lenten Prayer Call beginning Feb 24th @ 7AM

As United Methodists, we must unequivocally denounce police brutality and work toward a meaningful reconstruction of our institutions

Rev. Bryant X. Phelps is senior pastor at Church of the Disciple in DeSoto, Texas.



Philando Castile, Breonna Taylor, George Floyd, Atatiana Jefferson and Tyre Nichols should be alive. Their names are among thousands of Black people killed extrajudicially by police officers in America.

On Jan. 7, 2023, Memphis police officers pulled Tyre Nichols over for reckless driving. After attempting to flee the scene for fear of his life, he was unconscionably beaten by five police officers. Nichols, a father, photographer and lover of life, died three days later from his injuries. As United Methodists, we must reaffirm our baptismal vows to “renounce evil in whatever ways they present themselves” and live it out through legislation, protests and teach-ins. We must unequivocally denounce police brutality and work toward a meaningful reconstruction of our institutions that enables human flourishing.

Jill Lepore, in her 2020 *New Yorker* article “[The Invention of the Police](#),” suggested that “the crisis in policing is the culmination of a thousand other failures — fail-

ures of education, social services, public health, gun regulation, criminal justice and economic development.” As people of faith, we must interrogate institutions and examine them critically.

In his 1967 book, *Where Do We Go from Here? Chaos or Community*, Dr. Martin Luther King, Jr. suggests that America’s institutions are built upon a moral failure that is best understood as “racism, classism, and militarism.” To celebrate King and to follow Jesus at all requires that we champion, what Dr. King called in his testimony before Congress in 1968, “a restructuring of American society.”

By no means should we dismiss police without moral consciousness as “bad cops” because of the historical roots of policing in America. Neither should we discourage a system that holds us accountable to each other according to a high moral standard. Rather we must understand that the framework we live within warrants restructuring because it exists at the expense of Black, brown, LGBTQIA+, differently abled and non-white lives. Our institutions uphold otherization such that success requires the acceptance of human devaluation. If it were not so, Black men would not have understood excessive force (militarism as a tool of white supremacy) as the ultimate measure of successful policing.

We must not forget that at the genesis of this nation’s institutions is a burgeoning religious movement called “Methodism.” To be Methodist at all, there must lie a deep awareness of our interconnectedness with the formalization of America’s systems. At times, this movement has done what it must to inspire social change, but too often has this way appropriated the toxicities of this nation’s moral failures to the degree that – at times – it has been hard to identify our church as a prophetic voice or a systematic accom-

plice.

If our institutions are to change, we must be the church the world needs and be unafraid to proclaim a moral revival, name immoral evils, inspire a communal restructuring and proclaim (provide) the tenets of God’s beloved community on earth as it is in Heaven. To “do no harm, do good and stay in love with God” is to be more like Christ.

Tyre Nichols, and thousands more, should be alive. If Black lives are to be preserved and celebrated, it will be because those of us under the “lordship of Jesus Christ” are daring enough to be like Christ.

In the Gospels, as Jesus enters Jerusalem, both a satellite of power for the Roman empire and the holy site for the people of God, he first visits the temple. When he enters the temple, he began to flip tables and proclaimed that “the house of prayer has become a den of thieves.” What Jesus does in the temple is the prototype for restructuring systems that diminish human flourishing.

To be the temple, or beloved community, requires that we begin flipping tables where the bodies of Black, brown and remaining otherized people have been diminished. To practice an open table encourages tough conversations, embraces accountability and orders our lives for human flourishing. No other names should ever be listed on America’s exhaustive list of those who have been lynched and immortalized as “strange fruit” because of our failure to act.

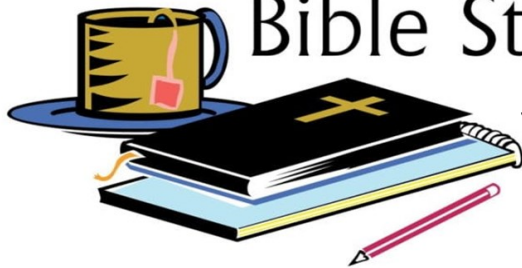
May it be so that we do not wait, because if we do, our prophetic voice and plans will wither, our church will lose its relevancy and more names will be added.



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|-------------------|---------------------|--------------------|
| Kathy Turner | Sheila & Percy Dy- | Henderson |
| Reed family | son | The Slatter family |
| David & Linda Ty- | Wilbur & Minnie | Traci Williams |
| son | Wright | Kim King |
| Lavan Alexander | The Williams family | James Bebe |
| Roger & Shirley | Chelsea Govan | |
| Bouyer | Mallory Polk | |
| Shirley Pleasant | Barbra Knight | |
| Harry McCalla | Saundre & Ron | |

EVENTS

Women's Bible Study



JUST A SISTER AWAY:
WOMEN'S BIBLE
STUDY GROUP
TUESDAYS
7:00 P.M. TO 8:15 P.M

The JASA Bible Study Group will begin a new study entitled " Reflecting the Character of Christ" by Dr. Les Carter. The book is divided into eleven chapters with study questions that will be tailored to suit the needs of the group. Please join the JASA Bible Study Group on 3/14/23 at 7:00 via Zoom, as we learn about the characters of CHRIST and how to reflect them. Zoom information will be provided each week along with preparation information. Again, please join us.

Meeting ID: 862 5354 7650
Passcode: 570431

PLEASE DONATE

HELPING HANDS



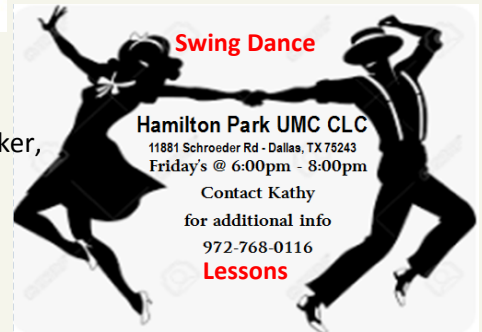
**MEET OUR PRAYER & FASTING
AMBASSADORS**



Sheila Dickerson, Beverly Galimore, Cathy Parker,
Eleanor Browne, Rev. Archie Browne,
Deaconess Dee Dee Spivey

**Our Fast will begin on
February 22nd - April 8th**

Swing Dance



Hamilton Park UMC CLC
11881 Schroeder Rd - Dallas, TX 75243
Friday's @ 6:00pm - 8:00pm

Contact Kathy
for additional info
972-768-0116
Lessons



Ash Wednesday - Imposition of ashes 12 Noon - 2:00pm / YouTube & Facebook taped message (all day)

Friday Morning Prayer 7:00am 7:15 am (every Friday in Lent beginning 2/24/23)

Psalm Sunday April 2, 2023 - Worship & Fine Arts Easter Extravaganza

Church Wide Daniel Fast Holy Week - April 3rd - April 8th

The 7 Last Words of Jesus Christ - In Person Worship Celebration

Resurrection Sunday - April 9, 2023 10:00 am