

Hamilton Park United Methodist Church

February 10, 2023



News at the Park



Sunday Worship Celebration @ 10:00 am
www.theparkumc.org

GRABANDGO

Sunday & Wednesday

11:00am until all meals are served



Cashapp (\$TheParkUMC)

Text-to-Give @ 972-362-6962

www.theparkumc.org

1. Locate the "Serve" Tab
2. Choose "Serve Through Giving"
3. Choose "Donate Today"
4. Enter your donation amount

JANUARY & FEBRUARY BIRTHDAYS

Brandon Bell	7th
Monique Bell	7th
Deborah Spencer	20th
Freddie Ervine	6th

SEVEN WAYS TO MAKE YOUR NEW YEAR GLORIFY GOD

1. Read Your Bible More

What would happen if you only ate one meal per week? You would starve because you need daily nourishment. The Word of God is our spiritual food. We need it daily.

Remember the words of Christ. "But Jesus told him, "No! The Scriptures say, 'People do not live by bread alone, but by every word that comes from the mouth of God.'" Matthew 4:4

2. Start a Prayer Journaling

Prayer Journaling is a great way to spend time with God and to increase your faith. If you begin to write down prayer requests, and how God answered, you will have your own personal confirmation of the goodness of God. "Taste and see that the Lord is good; blessed is the one who takes refuge in him." Psalm 34:8

3. Read/ Listen to Daily Devotionals

Please start your day with some type of devotion to the Lord. This should be before the television, radio, or social media. Let God speak to you first thing in the

morning. It can be simple to elaborate. I have a Bible app on my phone. It provides the spiritual boost that starts and covers my day.

"Draw near to God and God will draw near to you." James 4:8

4. Listen to Praise and Worship Music

Music moves us. Music lifts us and it soothes us. The Lord will sometimes speak to us through a song. Please keep a good Praise song of Worship song on your devices to help you celebrate Jesus.

"Let everything that has breath praise the LORD. Praise the LORD." Psalm 150:6

5. Tithe

Do you tithe? If not, this is the year to start. Everything you have is from God. I think you'll find the more you trust God with your finances, the more God will bless you. Just be sure you are tithing for the right reasons. God knows what's within your heart. Tithing for the wrong reasons will not lead to blessings. The general rule of thumb is to tithe 10% of

your income.

"A tenth of everything from the land, whether grain from the soil or fruit from the trees, belongs to the Lord; it is holy to the Lord." Leviticus 27:30

6. Attend Church Regularly

Never forget that Hamilton Park UMC needs you on a regular basis! Everybody is somebody here and you matter. Yes you may opt to visit another church occasionally, but always come back home! "Do not forsake the assembling of ourselves together..." Hebrews 10:25

7. Pray and Fast

Chances are that you carried burdens and problems into the New Year. Consider praying and fasting to truly turn them over to the Lord. Fasting breaks strongholds and prayer gets God's ear. "And he said unto them, this kind can come forth by nothing, but by prayer and fasting." KJV Mark 9:29

Women of The Park!

Join us each Sunday Morning in the Library at 9 am for Sunday School. We are currently studying 'Nameless Women of the Bible'. All are welcome!

Men of The Park!

Join us each Sunday Morning at 9 am for Sunday School in Rm 111. We study the Word of God each week from our Echoes Sunday School Book. All are welcome!

STAY CONNECTED:

- Senior Bible Study - Wednesday @ 10:00 am in the church library.
- Wednesday Night - Faith & Family
- Thursday Prayer 7:00 pm - Beverly Galimore (605-475-3200 / Code: 168 199)
- Worship Service - 10:00 am (in person, Facebook or Website)
- Sunday School - 9:00 am - 9:45 am In Person

Requesting
PRAYER
 in times of need

Kathy Turner
 Reed family
 David & Linda Tyson
 Lavan Alexander
 Roger & Shirley Bouyer
 Shirley Pleasant

Harry McCalla
 Sheila & Percy Dyson
 Wilbur & Minnie Wright
 The Williams family
 Chelsea Govan
 Mallory Polk

Barbra Knight
 Saundre & Ron Henderson
 Louis Robinson
 Robertson family
 McFarland family
 Denise Jackson & family

THE HIDDEN DALLAS TOUR

Hamilton Park UMC and Arapaho UMC are on a journey of racial conversation and understanding. On January— over 80 members of the two congregation boarded two buses and toured sites of African American history, called the “Hidden Dallas” tour.

The entertaining and educational tour explored almost forgotten sites that were instrumental in the development of vibrant African American communities throughout the city.

This three hour tour visited over twenty historic sites that trace the path of the African American journey in Dallas. Some of the sites were Freedman’s Cemetery and the original Moorland YMCA.

After the tour the two congregations dined at a South Dallas popular restaurant, “Two Podners.”

Many thanks to Fred and Gloria Marsh, and Rev. Cathy Sweeney of Arapaho UMC



BISHOP RUBEN SAENZ JR. Ruben Saenz Jr. is a native of south Texas and lifelong United Methodist. In 2016, he was elected bishop by the South Central Jurisdictional Conference and assigned to the Great Plains Conference, based in Topeka, Kansas. On Jan. 1, 2022, he also assumed the episcopal leadership duties for the Central Texas Conference.



In his role as episcopal leader, Bishop Saenz has been a steady and driving force for the mission of making disciples of Jesus Christ for the transformation of the world during the turbulent times of emerging from COVID and churches discerning to disaffiliate from The UMC.

Bishop Saenz is a graduate of Stephen F. Austin State University in Nacogdoches, Texas, and a former high school teacher, high school football coach and businessperson. He earned his master’s of divinity and doctorate of ministry degrees from Perkins School of Theology at Southern Methodist University. The Conference will welcome Bishop Saenz on February 19, 2023 in an Installation Service at 4:00 pm clergy and laity from across the North Texas and Central Texas Conferences are invited to University Park UMC to recognize and celebrate Bishop Ruben Saenz Jr.’s assignment.

WHEN DID ASH WEDNESDAY BEGIN AND WHY DO WE CELEBRATE IT?

Ash Wednesday begins the season of Lent, a time when many Christians prepare for Easter by observing a period of fasting, repentance, moderation and spiritual discipline. Although Ash



Wednesday has ancient roots, it does not appear in the rituals of The United Methodist Church or our predecessor denominations until the 20th century.

Ash Wednesday emphasizes two themes: our sinfulness before God and our human mortality. The service focuses on both themes, helping us realize that both have been triumphed through the death and resurrection of Jesus Christ.

Ashes are an ancient symbol. In Genesis, we read that God formed human beings out of the dust of the earth (Genesis 2:7). After expulsion from the Garden of Eden, the first human beings are told by God, "you are dust, and to dust you shall return" (Genesis 3:19 NRSV). The Hebrew word translated dust, is occasional-

ly translated ashes elsewhere. Throughout scripture, ashes are part of rituals when people seek forgiveness and mourn their sin (see Numbers 19:9, 17; Hebrews 9:13; Jonah 3:6; Matthew 11:21, and Luke 10:13, among others).

The imposition of ashes on the heads of Christians to mark the beginning of Lent can be traced at least to the 10th century. Marking the forehead with the sign of the cross is a more recent adaptation.

In earlier centuries, ashes were used to mark those who had been separated from the church because of serious sins and were seeking to be re-admitted to the fellowship of the church. In effect, they were redoing the process of final preparation for church membership along with those doing it for the first time. They were sprinkled with ashes and given rough garments to wear as a sign of sorrow for their sins and their commitment to seek renewal in Christian life through this season.

Since the tenth century, the observance of Ash Wednesday has become a general rite for all in the Western church. The Orthodox churches have never observed this rite.

United Methodists first adopted an offi-

cial ritual for Ash Wednesday that involves the use of ashes in the 1992 Book of Worship. Prior to that time, Methodists either had no official service at all for this day (through 1964) or an "ashless" Ash Wednesday Service (1965 Book of Worship). The use of ashes remains optional in the current Book of Worship, and, indeed, in all rites for this day. Ashes are an "accessory" that demonstrates an awareness of mortality and an intent to repent. The actual awareness and the corporate and personal acts of repentance are the substance of services for the first day of Lent.

In many churches the ashes are made by burning the palms from the previous year's Palm Sunday.

As the ashes are placed on the forehead, words such as these are spoken: "Remember that you are dust and to dust you shall return," recalling God's words to Adam in Genesis 3:19, or "Repent, and believe the gospel" recalling the message of both John the Baptist and Jesus (Mark 1:15).

Through the service of ashes on the first day of Lent, we come before God recognizing our humanity, repenting of our sin, and remembering who we are and who we can be.



Ash Wednesday - Imposition of ashes 12 Noon - 2:00pm / YouTube & Facebook taped message (all day)

Friday Morning Prayer 7:00am 7:15 am (every Friday in Lent beginning 2/24/23)

Psalm Sunday April 2, 2023 - Worship & Fine Arts Easter Extravaganza

Church Wide Daniel Fast Holy Week - April 3rd - April 8th

The 7 Last Words of Jesus Christ - In Person Worship Celebration

Resurrection Sunday - April 9, 2023 10:00 am

EVENTS

LAY SERVANT TRAINING

The North Texas Conference has added "on-line" courses to their in-person class inventory. <https://ntcumc.org/lay-servant-ministries/online-courses>



Please sign up for your re-certifications classes. The Metro District is still planning their next set of in-person classes.

Dwight V. Harry, Certified Lay Minister Assigned to HPUMC

Mature Adults Meeting Tuesday, Feb 28th @ 10:00 am



Join Zoom Meeting
[https://us02web.zoom.us/j/81892929235?](https://us02web.zoom.us/j/81892929235?pwd=eS9tTVpmMGpoRINIYUiveEhPam9sUT09)
 pwd=eS9tTVpmMGpoRINIYUiveEhPam9sUT09
 Meeting ID: 818 9292 9235
 Passcode: 697277

In Person & Zoom

One tap mobile

+13462487799,,81892929235#,,,,*697277# US (Houston)

+12532050468,,81892929235#,,,,*697277# US

PLEASE DONATE TO HELPING HANDS



Path to Nourishment
Every First Saturday of the Month
March 4th @ 10:00am

Senior Bible Study Wednesday's @ 10:00 am - 12:00 Noon in the Church Library. All are welcome to attend.

LITHE DANCE MINISTRY

Introductory Meeting: Sunday, February 12th directly after service in the Chapel

Wanting to explore your talents for dance ?

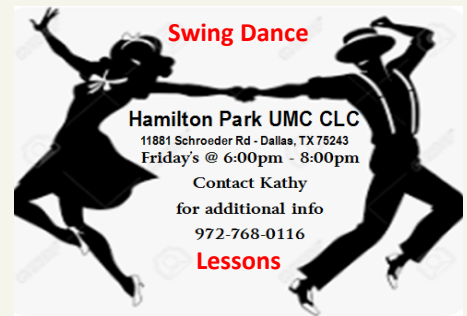
Want to grow in your connection with God and your body ?

Want to fellowship and grow in faith ?

Then please JOIN US!

Anyone who desires to dance is welcome!

Chelsea Govan
 (214)-517-7571
chelseagovanthirteen@gmail.com



BLACK HISTORY MONTH PROGRAM

FEBRUARY 26, 2023

Immediately following service

The Special Days Ministry is seeking volunteers to fulfill roles such as; members of the Black Panther Party, and other civil rights activists. There are opening for children, youth and adults. Please contact Clara Malone or Tameka Ramos for a part!



Garland NAACP Hosts 22nd Annual Winter Ball

February 17, 2023 7:00 PM

"Recognizing African American Healthcare Professionals"

Hyatt Place Hotel
5101 N. President George Bush Hwy.
Garland, TX 75040

The Evening Includes:
Dinner - Live Entertainment
Introduction of Honorees
Dancing - Photo Booth
Admission: \$60.00

Make your check payable to: Garland NAACP.
Mail to: Garland NAACP (c/o Gwen Danie's)
PO Box 460944, Garland, TX 75046-0944

Or copy the link below and purchase on Eventbrite:

<https://www.eventbrite.com/e/22nd-annual-winter-ball-tickets-507090921597>

NOTE: Ticket sales end February 14, 2023 @ 9:00 PM