

## Hamilton Park United Methodist Church

### Remember to Give

You can mail your gift, go online, CashApp (\$TheParkUMC), or Text-to-Give @ 972-362-6962!

[www.theparkumc.org](http://www.theparkumc.org)

- 1) Locate the "Serve" Tab
- 2) Choose "Serve Through Giving"
- 3) Choose "Donate Today"
- 4) Enter your donation amount and banking information for a "One-Time Donation"

### GRAB AND GO

Every Sunday  
&  
Wednesday



**Hamilton Park United Methodist Church**  
11881 Schroeder Rd Dallas, Tx 75243  
"Path To Nourishment Two Ministry"

## Food Giveaway!

- Time: 10am - 12 noon
- Saturday Sept 11th



The Metro and North Central districts will be hosting two identical ERT training events in October. Both events – Oct. 2 at Button Memorial UMC in Little Elm and Oct. 23 at Hamilton Park UMC in Dallas – will be open to those wanting to attend the Basic Training for the first time to be certified as ERTs and for those who have previously been trained and certified who need to go through the Recertification process. Each event is open to anyone interested in this ministry, regardless of district residence.

Starting at 9 a.m., the Basic Training track will last five hours; the recertification track will last three hours. Lunch is included for both tracks. The cost for participants will be \$20 and will include: printed materials, a T-shirt, snacks and lunch.

For further information, please email [Rev. Jeremy Basset](mailto:Rev.Jeremy.Basset), the North Texas Conference Disaster Response Coordinator.

<https://www.eventbrite.com/e/168363448607?>

## RETURN TO

# WORSHIP

# Sunday, September 5th @ 9 A.M. In the CLC

*Have a Blessed & Productive Week!*



# FREE DIGITAL SKILLS TRAINING

With the right digital skills, you can land a better job and earn more money. And, you can save time doing day-to-day tasks.

Your free digital skills program includes:

- 8 weeks of hands on computer training (2 hrs/week)
- Help with finding jobs that are background friendly
- Free transportation (DART passes available)



Training will cover the basics of Microsoft Word, Excel, PowerPoint, and Outlook. You will learn how to be safe online and protect your personal information as well as be able to set up a voicemail and email address. You will also be given a job coach to help you find a new or better job.

You'll have a support team to help you complete the digital skills training—and you'll receive gift cards to your favorite stores when you complete the program as an added bonus!



**Who's Eligible:** People who are seeking employment or better jobs. No computer experience is required. Classes for Spanish speakers available!

**When:** We offer several training options—and we will work around your schedule.

**Where:** Training will be on Saturdays and other days and times during the week.

**Register today for FREE!**

Visit [UnitedWayDallas.org/skills-training](http://UnitedWayDallas.org/skills-training) or call 972-433-6120 to reserve your spot. Spaces are limited!

# PRAYER REQUEST

Dorothy Brown-LaSalle	Carolyn Laney	Marilyn Boyd	Van Loyd	Yolanda Bailey
Mrs. LaPetta Collier	Mit Lampkin	Brenda Land	Roxanne Forster	Windy Martin
Stephanie Gee	Lawrence Hopkins	Ed and Debbie Dunn	Ashton Smith	Emma Turner
Claudia Claridy	Edrick Laney	Erma Chappell	Jackie Spann	Mrs. Bertha West
Shelia Dyson	Sharon Bunton	Candis DeVaughn	Pat West	Toni Armont
Marjorie Thomas	Linda Boyd	Ruth Robinson	Tyler Goins	Kathy Turner
Cynthia Lusk	Yvonne Boyd	The Rousseau family	Chris O'Riley	Kelsey Smith
Donna Hamilton	Celia Reece	Karen Harkey	Marcia Johnson	James Booker
Sharon Turnley	Mary Jefferson	Thomas Jefferson Jr	Shawn DeVaughn	Wilbur Wright
				Jackie McBride

Hear me when I call, O God of my righteousness! You have relieved me in my distress; have mercy on me, and hear my prayer. **Psalm 4:1**

**The Church Council has set the following protocols/guidelines will be implemented for the in person worship service starting Sunday, September 5, 9:00 a.m. - 10:00 a.m. in the CLC:**

- Maximum capacity of no more than 125 in attendance
- Chairs will be placed six feet apart for social distancing
- Masks will be required for the safety and protection of all persons regardless of vaccination status
- Sanitizing stations will be available
- We will enter through the double doors by the learning center office and will exit through the same doors as well as the back doors by the kitchen
- Members are strongly encouraged to register on the church website
- Members will leave immediately after service and will not congregate inside the CLC
- You will not be permitted to tour the church, including the sanctuary and hallways because these areas are still under construction and pose a hazard
- The Finance team will continue their procedure for collecting tithes/offerings with the baskets
- Communion cups will be distributed by the Communion Stewards who are onsite
- Greeters and ushers will hold open doors for entering and exiting the CLC
- Once members have checked in please go into the CLC to avoid lingering in the hallway and congestion
- The CLC will be disinfected and sanitized immediately after service by a professional company, Olympic Gold Medal Cleaning Service.
- These guidelines will be reviewed to ensure continued appropriateness



Our Children and their Parents are invited to join each Wednesday evening at 7:30 for Bible learning, games, dance, crafts and snack ideas. See you soon!  
Zoom meeting ID 969 8426 3845  
Passcode 11881

Contact Kathy Griffith for more information:  
[kgriffith@hparkumc.org](mailto:kgriffith@hparkumc.org)

Here are opportunities for our children and youth:

**Children's Worship, Learning and Faith with Friends:**

- ◆ Children's Church with Ms. Ciara on Facebook - Sunday afternoons
- ◆ Faith & Family Wednesdays 7:30pm - zoom 969 8426 3845. (code 11881)

**Youth Worship and Devotions - Faith Over Fear:**

- ◆ Sunday afternoons 4:00pm - zoom 976 8069 6867 (code 11881)
- ◆ Thursday evenings 8:30pm - zoom 976 8069 6867 (code 11881)

For questions, contact Kathy Griffith:

[kgriffith@theparkumc.org](mailto:kgriffith@theparkumc.org)

**Audio Visual Volunteers Needed**

If you are interested in working with the A/V Team during Sunday morning worship please contact the Art Mosley @ [amosley@theparkumc.org](mailto:amosley@theparkumc.org)



**STAY CONNECTED:**

- Tuesday Night GAP Young Adult Bible Study - 8:00-9:00pm (774-220-4000 / Code: 118 812 or see Facebook for the Zoom information)
- Thursday Prayer 4:00pm-5:00pm - Beverly Galimore (605-475-3200 / Code: 168 199)
- Worship Service - 10:00am (Facebook or Website)

**Church Office Hours:**

Monday-Thursday  
12pm-4pm

Emergency contact  
Art Mosley 469-951-7842

**Giving Statement inquiries**

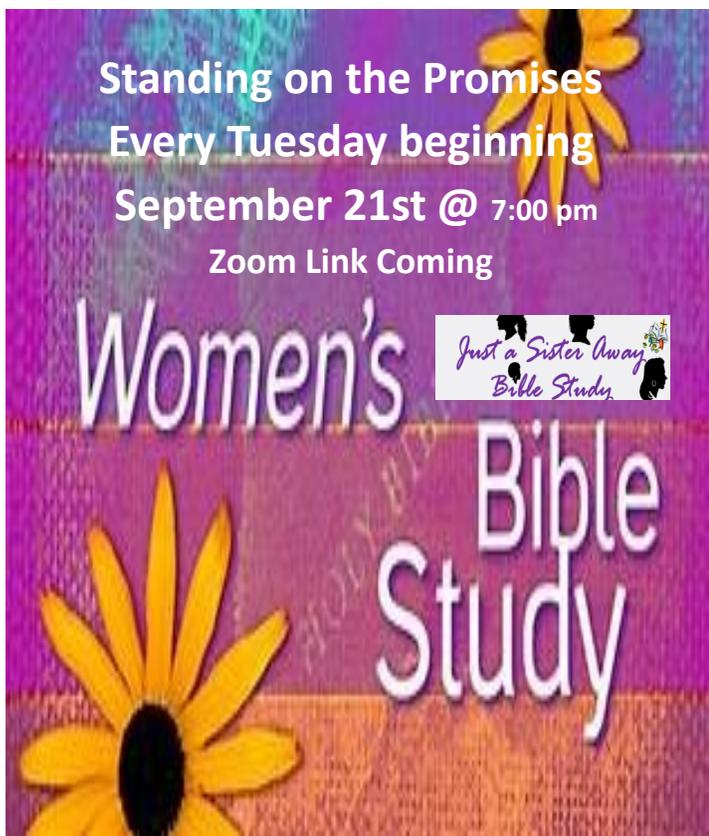
[info@theparkumc.org](mailto:info@theparkumc.org)



Have any news for "The Park" newsletter?  
email

[amosley@theparkumc.org](mailto:amosley@theparkumc.org)

**THE UPPER ROOM**  
DAILY DEVOTIONAL GUIDE  
Using your smart device  
DOWNLOAD *The Upper Room*



# Charge Conference



**Tuesday, October 2nd**

**Althea Hills in the Dallas Morning News.....**

Isolation represents such a significant health risk that the Department of Veterans Affairs is piloting an intervention to help veterans, many of them seniors, build stronger social ties. Originally designed for suicide prevention, the Connection program encourages participants to commit to simple steps, such as: “Go the local park three times a week and say hello to people,” or “Call four friends from church on Sunday afternoon and ask how they’re doing.”

Seniors can easily lapse into isolation, even without a pandemic. Socializing gets harder if you can’t get around anymore or if you no longer drive. Once you’re retired, you’re not interacting regularly with co-workers. The older you are, the more likely you are to lose a spouse or close friends to death. About a quarter of people in their 60s and 70s report feeling lonely, and loneliness affects about half of all people in their 80s.



But not Althea Hills, 82. She’s active in her church, Hamilton Park United Methodist in Dallas. Her days are packed, starting at 6:30 a.m. when she heads out to walk her dog Phoebe, usually with a few neighbors and their dogs. Every other day, she takes Phoebe to a nearby hardware store and walks her around the aisles.

Hills always wears a hat, which has become her signature. She says it helps people recognize and remember her.

“Lonely’ is not on my calendar,” she jokes. “I like to be out and about. It’s therapeutic.”

Althea Hills (left) and her granddaughter Faith Hills, 11, get outside in the fresh air with their dogs in Dallas. (Elias Valverde II / Staff Photographer)