

Prison Ministry

The Prison Ministry is seeking **volunteers** to stuff gift bags for their annual Christmas prison visits.

Men are need on **Thursday, Dec. 13**, from 1:00pm – until.

Women & Men are needed on **Friday, Dec. 14**, from 8:30am – until.

Please see LaVan Alexander or Rochester Edmond.

Confirmation 2019...Begins in January!

All children who are age **12 years or older** and who are in the **6th grade or higher** are encouraged to be a part of this spiritual and information class.

As children grow in their Faith Journey, confirmation teaches and reinforces what it means to be a follower of Jesus Christ in the United Methodist Church.

Confirmands will enjoy a time of learning and fellowship on Sunday morning, from January through April.

Confirmation Connection Retreat – January 11-13 at Lake Bridgeport is a great part of Conformation. Early Registration is now open.

Please stop by the Confirmation Table in the CLC after worship this Sunday or contact Kathy Griffith for more information at kgriffith@theparkumc.org.



Christopher Shawn Campbell is a native of Louisville, KY. He received his formal education at the Harry Doss High School. He acknowledges his call to ministry April 198, under the pastorate of Dr. T. Vaughn Walker, of the First Gethsemane Baptist Church.

member of the St. Stephen Baptist Church under the dynamic leadership of Dr. Kevin Cosby, where he served as the pastors preaching assistant. He is a graduate of the University of Louisville with a Bachelors in Psychology and a minor in Pan-African Studies. He was a Mae Elizabeth and Theresa Coffman Scholar at the Southern Baptist Theological Seminary where he received a Masters of Arts with a concentration in Church Leadership and Administration. He has completed studies at Duke Divinity and Louisville Presbyterian Theological Seminary and was recognized in 2006 by Who's Who among College Students in America for outstanding academic and leadership performance. He is currently a Doctor of Ministry student at Duke Divinity School, where his research interests include economic development and educational attainment via his non-profit venture called The H.O.P.E. Center. He has served as the senior pastor of the Genesis United Methodist Church, in Louisville, Kentucky from 2010-2013. While in Louisville, he served on the Louisville Urban League task force called 15K, which seeks to educate 15,000 Louisvillians by 2020. He currently serves as a church consultant for Strengthening the Black Church for the 21st Century and 20/20 Leadership a partnership with the Black Church Initiative, which seeks to revitalize congregations, coach pastors and inspire congregations to think outside of the box. He currently serves as the lead pastor of The Plaza Church in Charlotte, North Carolina. He is a member of Alpha Phi Alpha Fraternity, Inc., works closely with Black Lives Matter of Charlotte and is married to Kennesha Denise and they have three beautiful children Kennedy, Kamryn and Christian. In his spare time, he enjoys golf, reading, traveling and spending time with his children.

SPECIAL DAYS WILL BE HOSTING THE PRISON ANGEL TREE THIS YEAR...

It Starts with a Gift, JESUS.....This is the time of year when we turn our thoughts toward giving thanks and giving to others. You can give joy to children of incarcerated parents by participating in Angel Tree. Select an Angel, purchase gifts, and prepare the gifts to be given to the Angels at the Christmas Party, Saturday, December 15, 2018 at 3pm.

- Angels will be ready for distribution immediately following services on December 2nd and December 9th.
- All wrapped gifts must be turned in by Wednesday, December 12, 2018.

Thank you for your generosity, love and support!

Special Days Chair, Nancy Williams
Co-Chair, Eloise Wells



Church leaders and committee members please join us for a **BCI Workshop** led by **Rev. Chris Campbell** on Saturday, Dec. 8, from 10am – 2pm in the CLC. RSVP to amosley@theparkumc.org.

THE PARK FAMILY NEWS

More helpful tips for managing grief during the holidays



Holiday Grief Symposium

Merry Mourning: Managing Grief during the Holiday

Rev. Regina Franklin-Bayse, MDiv, MS, FT, LNFA, FT: Fellow in Thanatology & Bereavement

- Take time to reminisce; Reflect about what you loved or enjoyed with the deceased around the holiday season. Identifying these things may rekindle a spark of pleasure as you reemphasize them in your life.
- Know that a resurgence of grief during the holidays is normal.
- Celebrate. Reflect on how your loved one influenced you to become who you are today.
- Cherish the bond between the two of you, and find new meaning in what you once shared.
- Reach out for help as needed. Identify a "Safety Net" of friends/supporters.
- Be proactive by telling others what your needs are ahead of time.
- GIVE THANKS! As you learn to reconcile your loss/grief, you will come to understand that you can live and love fully again while still missing your loved one.
- Help Others! Reaching out to help others will permit you to minister to your own spirit. You will also experience JOY in helping others.
- Reach out for HELP as you need it! Clergy, counselors and others are there to support you during your sorrow.
- Give a gift in the name of your deceased loved one.
- Take extra time off work if possible. On days if you experience excessive tearfulness, make a plan to re-connect with nature if possible. Walks outside, sitting in fresh air will help rejuvenate your spirit.
- Light a candle in memory of your deceased loved one.
- Cook his/her favorite dish/meal, and reminisce about how enjoyable shared meal times were.
- Set an empty place at the table where your love one once sat.

UPCOMING DATES:

Thursday, Jan 17 @ 7p
Thursday, Feb 7 @ 7p
Thursday, Mar 14 @ 7p



GARDEN STEWARDSHIP

The Serenity Garden continues to receive so much love from these committed workers: George Alexander, Diane Anderson, Helen Bell, Dorothy Lewis and Don Anderson. They have done an outstanding job of keeping it beautiful throughout all seasons. Please stop by to see how they have decorated it so beautifully for the Christmas season.

Thank you!

Mature Adults trip to African American Museum of Arts on November 27th



Twelve members attended this exhibit. Not pictured in photo is Gloria Carter and Juanda Waites. We had a marvelous time! Great exhibit featuring Thomas Jefferson and Sally Hemings and family.

MUSIC Worship FELLOWSHIP Food

New Year's Eve Day Party
@ The Park

Join us for this amazing Worship Brunch
Featured Vocalist: **Tommie Young-West**
Monday • December 31st
10 AM - 12 NOON
11881 Schroeder Road • Dallas, TX 75243

In the CLC



The Food IQ GIRLS, Sandra Hart & Valder Beebe are collecting coats for the homeless. You can donate men's, women's and kids outerwear and we will get it to those in need. Bring your donations to the CLC after service in Dec. and Jan. and drop off at the collection table.

Thank you for your support!

For more information please visit us at www.theparkumc.org

CHURCH OFFICE HOURS: MON - THUR 9 AM TO 6 PM / FRI 9 AM - 12